

FACILITATOR TRAINING PROGRAMME AT K-PNU

Trainer	Training topic	Date	Time	Venue	Hours
	Module I: Principles of a trauma-informed approach to creating a safe educational environment.				
Nataliia Didyk Olha Savitska	We will discuss how experienced stress transforms the process of perception and information processing, and adapt teaching methods to these characteristics. We will also consider algorithms for providing support and creating an atmosphere of trust that minimizes re-traumatization of participants in the educational process.	08.05.2026	14:00	Youth Center 16 Symona Petliury Street	4
	Module II: Teachers' psychological resilience: self-management strategies in times of crisis				
Nataliia Didyk Olha Savitska	We will explore the concept, components and manifestations of psychological resilience, and identify the conditions necessary for achieving it. We will learn practical tools for self-regulation and stabilising our psycho-emotional state within the context of the educational process.	15.05.2026	14.00	Youth Center 16 Symona Petliury Street	4
	Module III: Using digital tools to organise an interactive and effective learning process				
Nataliia Didyk Olha Savitska Oksana Lohvina Yuliia Danchuk	We will explore modern digital resources that help make learning more dynamic, interesting and engaging. We will explore digital solutions that help to organise teaching effectively, optimise time and improve performance.	22.05.2026	14.00	K-PNU 61 Ohiienko Street (Room 210)	4

Trainer	Training topic	Date	Time	Venue	Hours
	Module IV: Innovative teaching methods in extreme conditions: micro-learning in times of uncertainty				
Oksana Lohvina Yuliia Danchuk	We will examine modern teaching methods that help to support students and maintain the effectiveness of the educational process in conditions of stress and instability. We will explore the potential of microlearning as a format for short, accessible sessions that reduce the workload and facilitate learning.	29.05.2026	14.00	Youth Center 16 Symona Petliury Street	4
	Module V: Educational Escape Room: Solving Educational Crisis Challenges				
Oksana Lohvina Yuliia Danchuk	We will explore how the Escape Room format can create a safe space for interaction, the development of collaboration skills, and motivation to learn. We will explore practical approaches to tackling educational challenges and crisis situations, taking into account the emotional well-being of learners.	5.06.2026	14.00	Youth Center 16 Symona Petliury Street	4
Practical Intensive Course	5 days × 4 hours: project work, case studies	8.06– 12.06.2026	—		20
Self-study	Materials, tests (Google Forms), final assignment		—		50