



ART OR MUSIC LESSONS FOR EMOTIONAL SKILLS EDUCATION

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OVERVIEW OF OUR PROJECT

We studied how music affects children's emotional state. It can evoke different feelings: joy, peace, excitement or sadness. Music helps to relax, focus and even improve mood. In our study, we looked at how different genres affect children's emotions and their behavior in art lessons.



IN OUR PROJECT, WE CONSIDERED THE
FOLLOWING GENRES OF MUSIC:

Classical

Rock

Jazz

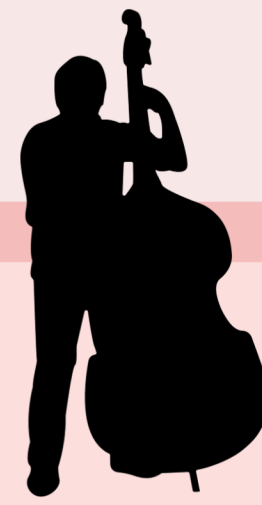
Folk

Pop



Classical music, especially melodies by Bach or Mozart, has a calming effect on the child's psyche. Such music can reduce stress and anxiety, improve mood and stimulate mental activity. It helps to concentrate, improves memory and promotes the development of creative thinking.

CLASSICAL MUSIC



Jazz music can evoke different emotions depending on the tempo and mood of the melody. Lively rhythmic jazz gives energy and joy, while slower compositions help to relax and focus. In our study, we examined how jazz music affects children's mood and behavior.

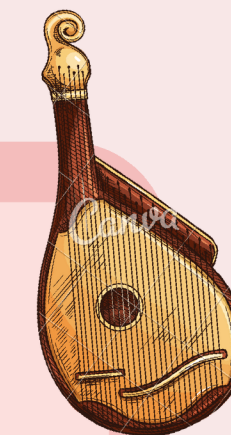
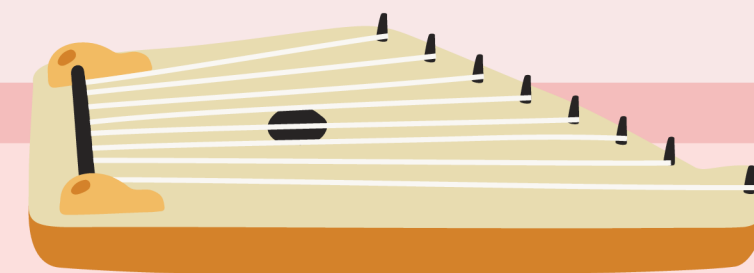
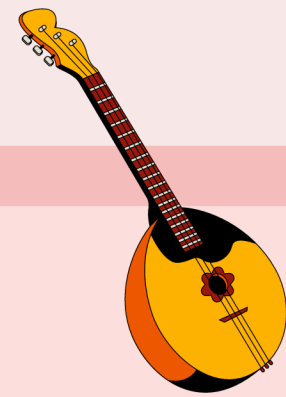
JAZZ MUSIC



Rock music can evoke different feelings: energetic and dynamic compositions add vigor and confidence, while slow rock ballads promote reflection and can even evoke nostalgia.



ROCK MUSIC



Folk music has a great emotional potential, promotes the development of empathy and social skills. It can evoke joy, sadness, nostalgia or admiration, which helps a child express their feelings and emotions.

FOLK MUSIC



POP



MUSIC



Pop music plays a significant role in shaping children's emotional intelligence (EI), which includes self-awareness, empathy, emotional regulation, and social skills. Here are some key ways in which pop music influences children's EI:

1. Enhancing Emotional Recognition;
2. Developing Empathy;
3. Improving Emotional Regulation;
4. Strengthening Social Bonds.



AND THE FOLLOWING GENRES OF ART:

Cinema

Painting

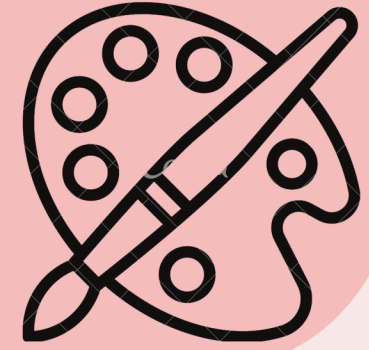
Sculpture



C I N E M A

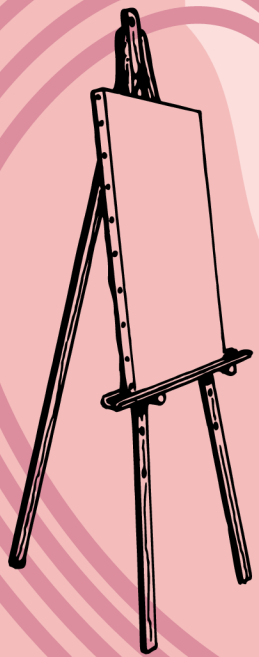
We have studied how cinema affects children's emotional state. Films can evoke joy, admiration, compassion or even fear, depending on the plot, musical accompaniment and visual effects. Cinema helps to develop imagination, empathize with the characters and better understand the world.





P A I N T I N G

Painting affects the emotional state of children. Paintings can evoke different feelings depending on the colors, composition, and plot. Bright and warm shades create a feeling of joy and energy, while cold or dark tones can evoke peace or even sadness. Painting helps express emotions, develops imagination, and inspires creativity.



SCULPTURE



Sculpture affects children's emotional state. The shape, material and texture of a sculpture can evoke different feelings - from admiration to peace or reflection. Three-dimensional works of art provide an opportunity to experience art not only visually, but also tactilely, which contributes to the development of imagination and emotional perception.





IN CONCLUSION...

We have proven the effectiveness of our topic in practice. Since most of us are closely connected with art, we have personally seen that music can really influence the emotional state of not only children but also adults. Since all of us, Ukrainians, are going through difficult times, we often try to forget about realities by distracting ourselves with art.

P.S.



During our studies, we were able to socialize in a foreign environment. The opportunity to work in a team was a very good experience for us. We liked Professor Richard Paverm, especially his sense of humor and support for Ukrainians.

Unfortunately, due to the circumstances in which we live, not all of us could attend the lectures, but each of us will never forget the experience we gained during the project.



ANY QUESTIONS?

THANKS FOR YOUR ATTENTION!